



Angel A. Rodriguez, MD
Board Certified in Phlebology

Cosmetic Sclerotherapy Patient Information

Sclerotherapy

- Sclerotherapy is a medical procedure that is used to close up unwanted veins by injecting, sclerosing chemical agent into the vein. The inside of the blood vessel closes down so that blood no longer flows through it.
- During a Sclerotherapy procedure, mild discomfort may occur. A burning sensation may be felt for a couple of minutes when the veins are injected with the sclerosing agent.
- Sclerotherapy works well for most patients. Up to 70% of injected veins may be eliminated with each Sclerotherapy injection session. Three to five Sclerotherapy sessions are the norm rather than the exception. Improvement may or may not be apparent after the first treatment.
- Veins usually respond to Sclerotherapy in 3 to six months. Veins that respond to Sclerotherapy injection treatments usually will not reappear. However, new veins may appear over time as blood flow shifts occur within tissues.
- It is important to remember that it took years to create your veins and it will take months to effectively treat them.

Treatment Instructions

- Remember that compliance with wearing your compression stockings will optimize the effectiveness of your Sclerotherapy treatment sessions. Stockings must be worn for **five** days. You are required to sleep with hose on for the first night after treatment.
- Remember to bring your compression stockings to each Sclerotherapy session.
- Avoid using lotion on your legs one day before and three days after your Sclerotherapy session.
- After the Sclerotherapy session, the assistant will put the compression stocking(s) on your leg(s). You will need to walk for 15 minutes, so wear appropriate and comfortable footwear. You will then be able to drive yourself home. You are encouraged to walk. Hold off on more strenuous activity, such as aerobics or weightlifting. Avoid any alcohol consumption for 48 hours, since it may dilate the blood vessels.
- No air travel for 72 hours following your session.
- Never elevate your legs while wearing the stockings. Never fold the stockings back onto it.
- Do not take hot baths or sit in a whirlpool for at least 1 week following a session, showers are acceptable. Avoid swimming to reduce the risk of infection for 1 week after the procedure.
- No sun exposure to your legs for two weeks before or after treatment.
- If you have any questions or concerns, please call our office 662-287-1516. Afterhours – 662-643-5635



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