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Board Certified in Phlebology

Ambulatory Phlebectomy

Ambulatory Phlebectomy, stab avulsion or micro extraction are terms that define the technique to remove segments of varicose veins of any size and from any location, under local anesthesia, on an outpatient basis.

Most varicosities are accessible and can be removed using the Ambulatory Phlebectomy technique. Alone or sometimes in association with endovenous laser ablation and/or ultrasound guided sclerotherapy, it is considered the procedure of choice for varicose veins in many major medical centers throughout the world. It has been demonstrated to be very effective in the treatment of varicose. The refinements in the technique of Ambulatory Phlebectomy have made it more feasible for elderly clients to undergo treatment of varicose veins via this technique.

How is the treatment performed?

Micro incision size varies between 1-3mm. The micro incisions are all made vertically because they leave a better cosmetic result. Most micro incisions are left alone without any sutures or tape placed on them.

All clients are sent home immediately after the procedure. They usually are allowed to walk in or around the office for 10-15 minutes to check for postoperative bleeding and to be sure that the wrapping is comfortable and tolerable. The clients are encouraged to walk as much as possible and it is recommended that everyone should bring a driver. Pain control is usually accomplished with Ibuprofen. The client usually returns to the office within 24-48 hours to have the dressings removed. After the wrappings are completely removed it is recommended that the client continue to use a compression stocking for 2 weeks and is re-checked periodically throughout the first year.



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